

## **About Speaker**

## Capt. J.S Parhar

He is a master mariner with more than 25 years of experience. He has sailed with P&O, Mitsui, Zodiac, K Line, Nakilat and has been using excel for past 23 years. He has sailed on Capesize Bulk / LPG and LNG vessels. He is someone who has learned excel through his own drive and much before google came into vogue. He has used excel to make GHA calculations, stability calculations, has extensively used Macros V-looks to make life easy on board a vessel for himself and for his colleagues.